

## **Testing made Easy and Strategies for Success – Paper**

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Providing a guide to assist our students on charting the course of learning is not new, but essential. This session will provide parents/guardians and educators with a view of an organized, systematic program with time-tested practical applications. It focuses their student on literacy skill development to meet the high stakes tests and become self-regulated learners. The program employs research based strategies coupled with best practices that have resulted in 91% learning gains on standardized tests. Metacognitive strategies are paramount for an ADHD student to learn. This process teaches a student to be an active learner, how to use a textbook effectively, and most important, how to feel success and have good grades in school. This methodology is paced to deliver student achievement for those with learning differences, and has achieved great success in the dense cultural diversity of the Miami-Dade county public schools. Many students with ADD and ADHD are unable to chunk the language when they read. This is especially problematic for the ESL student with a learning difference. Research has shown that word study is most effective when it is systematically and explicitly taught. The strategies to be shared here build neurological networks of working memory that ultimately lead to cognitive control. The emphasis of methods presented will be on the precise prescription of curriculum delivery to maximize the development of executive function and working memory. This is a multimodal methodology in foundational reading and writing strategies such as: re-verbalization, brain imagery, column-style note taking, sequencing and outlining, and rewriting which have produced significant evidence indicating developmental improvement in executive processes including: cognitive efficiency, working memory, long-term retention, processing speed, planning on the page, time management and study skills.

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